

## Mishkah Montessori Policy and Procedure for Excluding Sick Children:

Children with any of the following symptoms are not permitted to remain in care:

1. **Fever** of at least 100 ° F as read with a forehead thermometer *accompanied by* one or more of the following:  
diarrhea or vomiting  
earache  
headache  
signs of irritability or  
confusion sore throat  
rash  
fatigue that limits participation in daily activities

*No rectal or ear temperatures are taken. Digital thermometers are used on the forehead.*

2. **Vomiting:** 2 or more occasions within the past 12 hours.
3. **Diarrhea:** 2 or more watery stools within the past 24 hours or any bloody stool or sudden onset of diarrhea characterized by an increased number of bowel movements compared to the child's normal pattern and with increased stool water.
4. **Rash,** especially with fever or itching.
5. **Eye discharge or conjunctivitis (pinkeye)** until clear or until 24 hours of antibiotic treatment and physician advises (by note) that child is no longer contagious.
6. **Sick appearance, not feeling well, and/or not able to keep up with program activities.**  
EXCLUSION for symptoms not included in this list shall be required if the symptoms prevent the child from participating comfortably in activities as determined by staff members of the program or the symptoms result in a need for care that is greater than the staff members can provide without compromising the health and safety of other children.
7. **Open or oozing sores,** unless properly covered **and** 24 hours has passed since starting antibiotic treatment, if antibiotic treatment is necessary.
8. **Lice or scabies:**
  - Head lice: until no nits are present.
  - Scabies: until after treatment has begun.
9. **COVID Policy:**
  - COVID-19 Symptoms: **Fever or chills, Cough, Shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea**
  - If a child exhibits these symptoms, the child will be kept in a safe area away from other children until a parent can pick them up. **Parent/guardian or emergency contact is notified to pick up child within 45 minutes.**
  - Children with these symptoms must be tested for Covid.
  - If a child has a positive Covid test the child must remain home for 5 days AND be fever free for 24 hours before returning to school.
  - If the test is negative, the child may return to school after he/she is fever free for 24 hours.

Following exclusion, children are readmitted to the program when they no longer have any of the above symptoms. If any symptoms should return after returning to the program or if your child can not comfortably get through the day, we will contact you to pick him/her up.

Children with any of the above symptoms/conditions are separated from the group.

**Parent/guardian or emergency contact is notified to pick up child within 45 minutes.**

10A NCAC 09 .0804 INFECTIOUS AND CONTAGIOUS DISEASES

**Children that are absent from school for more than 3 days due to sickness must present the school with a doctor's note allowing their return when they arrive at school.**

We notify parents and guardians when their children may have been exposed to a communicable disease or condition (other than the common cold) and provide them with information about that disease or condition. We notify parents and guardians of possible exposure by letter, posted notice, or other means. Individual child confidentiality is maintained.

**In order to keep track of contagious illnesses (other than the common cold), an Illness Log is kept. Each entry includes the child's name, classroom, and type of illness. This is located at the Administrator's desk. We maintain confidentiality of this log by keeping it stored in a file and not sharing it with parents. The only notice given to parents is of information regarding their own child.**

## Mishkah Montessori Medication Policy:

Medication such as emergency medication or medication for life threatening conditions will be administered. This does not include over the counter medications or prescription medication given on a regular basis. Medication is accepted only in its original container, labeled with child's name.

Medication is not accepted if it is expired.

Medication is given only with prior written consent of a child's parent/legal guardian.

This consent on the medication authorization form includes all of the following (completed by parent/guardian):

- child's name,
- name of the medication,
- reason for the medication,
- dosage,
- method of administration,
- frequency (cannot be given "as needed"; consent must specify *time* at which and/or *symptoms* for which medication should be given),
- duration (start and stop dates),
- special storage requirements,
- any possible side effects (from package insert or pharmacist's written information), *and*
- any special instructions.

### Parent /Guardian Consent:

1. A parent/legal guardian may provide the sole consent for a medication, (without the consent of a health care provider), if and only if the medication meets **all** of the following criteria:

a. The medication is one of the following:

1. Sunscreen for children over 6 months of age; *and*
2. The medication has instructions and dosage recommendations for the child's age and weight; *and*
3. The medication duration, dosage, amount, and frequency specified on consent do not exceed label recommendations.
4. Written consent for sunscreen is valid up to 12 months.

